

Mental Health Challenges Presentation

Name:

Possible Interactive Components	<ul style="list-style-type: none"> • Myths vs. Facts about Mental Health Challenges • Mental Health Continuum (Mentally Well vs. Mentally Unwell) • Quiz Game with questions about Mental Illness • Other: 	
Presentation Notes	Guiding Questions:	Possible images for slide?
	What is a mental illness?	
	What kinds of people get mental illnesses and how common is it?	
	What is stigma?	

What does it mean to be diagnosed?

What are some of the factors that when combined can cause mental illness? And, do scientists know for sure what causes mental illness?

What types of treatments are available to people with mental health challenges?

What can we personally do to help those with mental health challenges?

